

Are you right- or left-brained?

Quiz A

- 1 Are you often late for class or other appointments?
a no **b** yes
- 2 When you phone a friend to tell them something, do you get to the main point as quickly as possible or give lots of other details first?
a give lots of other details first
b get to the main point as quickly as possible
- 3 Do you find it easier to remember people's names, or people's faces?
a names **b** faces
- 4 Do you think best sitting at your desk, or walking around?
a sitting **b** walking around
- 5 Are you good at judging time even if you don't have a watch?
a yes **b** no
- 6 If you have a lot of things to do, do you try to complete one task at a time, or do several things at once?
a one task at a time **b** several things at once
- 7 Do you prefer reading:
a non-fiction? **b** fantasy or science fiction?
- 8 When you are studying, which of these is most important to you?
a bright light **b** background music
- 9 Someone complains to you about something. What do you respond to first?
a the points they are making
b the tone of voice they use
- 10 When asked for your opinion, do you:
a think carefully before you speak?
b say what you think immediately?

Number of a answers _____

Number of b answers _____

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Quiz B

- 1 Are you generally a neat and tidy person?
a yes **b** no
- 2 If you buy a new piece of equipment (for example, a mobile phone) do you start using it straightaway or do you read the manual carefully first?
a read the manual **b** start using it straightaway
- 3 If you're hanging a picture on the wall, do you measure carefully first, or put it where it looks straight?
a measure carefully **b** put it where it looks straight
- 4 When reading a magazine do you start at page one and read your way through, or jump around to what looks interesting?
a start at page one **b** jump around
- 5 Do you make a list of things you have to do and enjoy ticking things off as you do them?
a yes **b** no
- 6 When speaking, do you use your hands a lot, or only a little?
a only a little **b** a lot
- 7 There is going to be a big change in your life (new job, a move, etc.) How do you feel?
a worried **b** excited
- 8 Which of these areas most attract you?
a maths and science **b** philosophy and religion
- 9 When making a decision, what do you do?
a think carefully about each option before you decide
b follow your intuition
- 10 If someone tells you a story, do you visualise it in your head?
a no **b** yes

Number of a answers _____

Number of b answers _____