

## **Reading**

Read these descriptions about meals. Which of the countries in the box are the people from? Write the country in the blank.

Brazil	Iran	Japan	Spain	The United States
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1. \_\_\_\_\_

For breakfast, I usually have a glass of warm milk with a donut.

Lunch is at 2PM and usually starts with soup. Then we have chicken, or something like that, with vegetables and potatoes. For dessert, there's fruit, flan, or rice pudding. Oh yeah, I almost forgot. There's always bread on the table. We never have lunch without bread.

After five o'clock we have a snack. That's when we have a sandwich, usually with ham or sausage or something like that.

For dinner, between nine and ten in the evening, I usually have an omelet and some milk.

2. \_\_\_\_\_

In the morning, we always have a lot of fruit. We also have bread with butter, cheese, and ham. Then I drink chocolate milk or juice.

Lunch is at noon. My favorite things at lunch are steak and French fries. We always have salad and beans too, but I like the steak and fries more. For dessert, I usually have a kind of pudding.

The next time I eat is at 5PM, when it's time for a snack. That's bread with milk or hot chocolate or soda or juice. Sometimes I might have a yogurt for my snack too.

Dinnertime's between 7 and 8. We have soup, chicken or meat, and rice and beans. Dessert is pudding again or sometimes ice cream.

Oh yeah, and before I go to bed, my mother or grandmother gives me a glass of warm milk.

3. \_\_\_\_\_

Breakfast is simple. It's tea with bread, cheese, butter, and honey.

It's difficult to say what I eat for the typical lunch because my mother always makes different things. We eat lunch between 12 and 1:30 and always have some kind of hot food. That could be rice, meat, and vegetable or dolma with yogurt and a special sauce on top. Dolma is a kind of food stuffed with rice or meat or sometimes both. For dessert we have fruit.

We eat the same kind of food at lunch and dinner. In the winter we eat dinner between 6:30 and 8:00; in the summer dinner's at 9 or 10. After dinner we have a kind of marmalade or cake with tea.

I eat a lot of nuts too. The whole family eats nuts when we sit around and watch TV at night.