

•REINFORCEMENT•

1 Replace the underlined words with a word or phrase from the box.

|             |              |                  |
|-------------|--------------|------------------|
| increasing  | take it easy | adolescents      |
| reasons for | habits       | leave them alone |

1. Don't interfere! They can do it themselves.  
Leave them alone!
2. Teenagers are often stressed when they have exams.  
\_\_\_\_\_
3. Everybody should have five minutes a day when they just relax.  
\_\_\_\_\_
4. Levels of stress in young people are going up a lot.  
\_\_\_\_\_
5. Bad sleep routines can easily cause stress.  
\_\_\_\_\_
6. Parents, friends, school, and no money are often causes of stress.  
\_\_\_\_\_

2 Read the clues and unscramble the letters to make words.

1. a very bad cold  
ulf flu \_\_\_\_\_
2. lots of red spots  
shar \_\_\_\_\_
3. a purple or brown mark on your skin  
sebur \_\_\_\_\_
4. when your head hurts  
adheac \_\_\_\_\_
5. when your tooth hurts  
tacoeth \_\_\_\_\_
6. when the area inside your neck hurts  
esro tohart \_\_\_\_\_
7. when you can't hear  
fade \_\_\_\_\_
8. when your body is very hot  
meterpaertu \_\_\_\_\_

3 Circle the word that does not belong.

1. happy, angry, stitches, upset
2. relaxed, toothache, headache, sore throat
3. cold, cure, cough, flu
4. leave them alone, take it easy, deaf
5. sprain, angry, cure, hurt
6. healthy, temperature, flu, sore throat

•CONSOLIDATION•

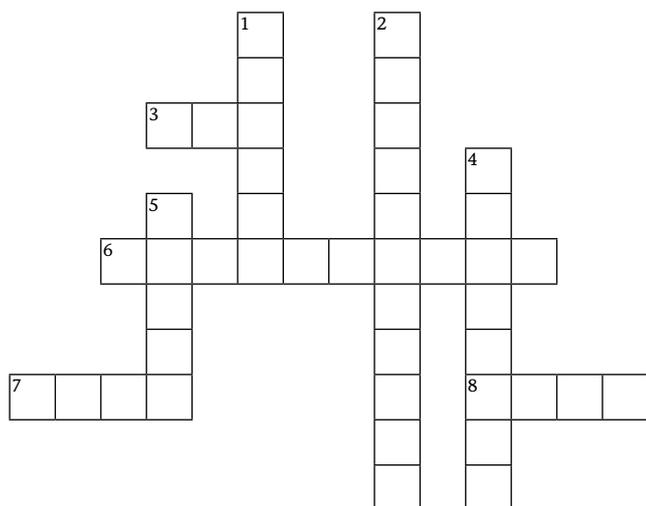
1 Read the clues and do the crossword.

Across

- 3. you feel very tired and weak, you have a sore throat, and you cough and blow your nose a lot flu
- 6. when a part of your neck is painful because of infection (two words) \_\_\_\_\_
- 7. a lot of red spots on your skin, caused by an illness \_\_\_\_\_
- 8. a common illness that makes it difficult to breathe through your nose and often makes your throat hurt \_\_\_\_\_

Down

- 1. a purple or brown mark on your skin that you get because you have fallen or been hit \_\_\_\_\_
- 2. how hot your body is, especially when you are sick \_\_\_\_\_
- 4. a pain in your head \_\_\_\_\_
- 5. the action or sound made when your throat is irritated \_\_\_\_\_



2 Complete the sentences with a word from Exercise 1.

- 1. Have you got any aspirin? I've got a bad headache.
- 2. When my mother took my \_\_\_\_\_, it was nearly 40°!
- 3. She is allergic to seafood. She gets a nasty \_\_\_\_\_ if she eats any.
- 4. My father should stop smoking. He's always got a terrible \_\_\_\_\_.
- 5. I've got a \_\_\_\_\_! I can't swallow anything. I can only eat ice cream.
- 6. I had the \_\_\_\_\_ last week. The doctor told me to stay in bed for three days.
- 7. I can't breathe properly and my throat hurts. I think I'm catching a \_\_\_\_\_.
- 8. I've got an enormous \_\_\_\_\_ on my leg, but I don't remember hitting anything.

3 a) Circle the word that does not belong.

- a. happy, angry, stitches, upset
- b. relaxed, toothache, headache, sore throat
- c. cold, cure, cough, flu
- d. sprain, angry, cure, hurt
- e. healthy, temperature, flu, sore throat

b) Now match the answer from Exercise 3a with the reason (1-5).

- 1. the others are nouns c
- 2. the others are adjectives \_\_\_\_\_
- 3. the others are words for unhealthy people \_\_\_\_\_
- 4. the others are verbs \_\_\_\_\_
- 5. the others are ailments \_\_\_\_\_

•EXTENSION•

1 a) Match the words (1–6) to the series (a–f).

- 1. deaf   c
- 2. bruise \_\_\_\_\_
- 3. people in a hospital \_\_\_\_\_
- 4. cold \_\_\_\_\_
- 5. temperature \_\_\_\_\_
- 6. stitches \_\_\_\_\_

- a. surgeon, nurse, anaesthetist
- b. fever, thermometer, incoherent
- c. eardrum, hearing aid, sign language
- d. butterfly knot, staples, sew
- e. black eye, black and blue, capillaries
- f. common, sneeze, cough

b) Translate these words as they are used in Exercise 1a.

- 1. surgeon \_\_\_\_\_
- 2. anaesthetist \_\_\_\_\_
- 3. fever \_\_\_\_\_
- 4. thermometer \_\_\_\_\_
- 5. incoherent \_\_\_\_\_
- 6. eardrum \_\_\_\_\_
- 7. hearing aid \_\_\_\_\_
- 8. sign language \_\_\_\_\_
- 9. butterfly knot \_\_\_\_\_
- 10. staples \_\_\_\_\_
- 11. sew \_\_\_\_\_
- 12. black eye \_\_\_\_\_
- 13. black and blue \_\_\_\_\_
- 14. capillaries \_\_\_\_\_
- 15. common \_\_\_\_\_
- 16. sneeze \_\_\_\_\_

2 Match the two halves of the jokes.

- 1. Doctor, Doctor. When I press with my finger here, it hurts. And here it hurts. And here, and here. What do you think is wrong with me?   c
  - 2. Doctor, Doctor. I feel like a pair of curtains. \_\_\_\_\_
  - 3. Doctor, Doctor. I snore so loudly I keep myself awake. \_\_\_\_\_
  - 4. Doctor, Doctor. I think I need glasses. \_\_\_\_\_
  - 5. Doctor, Doctor. My son has swallowed my pen. What should I do? \_\_\_\_\_
  - 6. Doctor, Doctor. I feel like a sheep. \_\_\_\_\_
- a. That's baaaaaaaaaad!
  - b. Sleep in another room then!
  - c. You have a broken finger!
  - d. Use a pencil until I can see him.
  - e. Well, pull yourself together then.
  - f. You certainly do. This is a restaurant!