

**Video Activity Worksheet****Unit 8: Food****A Taste of France****Predict**

*This video will introduce you to the culture of French food. Before you watch the video, answer the following question.*

What do you know about the French food culture?

**Focus**

*Watch the video. Find the answer to the following question.*

What is the Cordon Blue?

**Comprehension**

**A. Check (✓) the three things that best define traditional French food culture.**

- outdoor cafes
- eating in beautiful locations
- local fresh foods from specialty shops
- seafood
- presentation
- nutrition

**B. Answer the questions.**

1. "Galleries where you can find these famous works are up and down the streets of any city."  
What does galleries refer to? Famous works?
2. "That's one for every day of the year."  
What does one refer to?
3. "More important than what you eat ... is just how you eat it."  
What does how you eat it refer to?

**Discussion**

- Can you name any famous French dishes? Have you ever eaten any? Do you like French food?
- How is the food culture in France similar to or different from the food culture in your country?
- Do you agree that presentation of food is important? Why or why not? What is most important to you?
- What are your feelings about fast food restaurants? Are they necessary for modern living? What effect do they have on the food culture?

**Writing**

Write about a favorite food tradition in your culture or your family. Describe the food, the preparation and presentation, the occasion when it is made, and any special meaning it has for you.

