

UNIT SUMMARY

This unit focuses on attitudes toward preparing and eating food. Reading One describes cooking traditions in a Chinese family. Reading Two introduces the “Slow Food” movement, a new and growing international group that celebrates “the joy of the table.”

The companion unit in *NorthStar: Listening and Speaking* focuses on eating trends and habits.

1 Focus on the Topic, PAGE 167

★★★ A PREDICTING

Suggested Time: 10 minutes ⌚

Focus

To get students thinking about the topic of food and attitudes toward eating.

Setup

Have students work individually to write their answers to the questions. Then pair students and have them share their answers. Discuss students’ responses as a class.

Expansion/Homework

Give students a few minutes to think about the answers to the questions. Then pair students and have them write their answers. Have pairs report back to the class. You might want to write a few of the responses on the board.

Link to *NorthStar: Listening and Speaking*

Students who are also using the companion text can extend the discussion to include more recent food and eating trends.

★★ B SHARING INFORMATION

Suggested Time: 25 minutes ⌚

Focus

To develop students’ awareness and encourage discussion of memorable meals.

Setup

For Exercise 1, have students work in groups of four (of different language backgrounds or cultures, if possible) to interview each other and complete the chart. For Exercise 2, have students share the results of their interviews with the class.

Expansion/Homework

In groups, have students plan a memorable meal.