

NORTHSTAR 3e Level 1

Name _____

Video Activity Worksheet

Unit 2: Fashion

Your Personal Style

Comprehension

Predict

This video is about people's personal style and preferences for dress. What are some different fashion styles?

Study these words. Then watch the video.

baggy: baggy clothes are big and loose

casual: casual clothes are not formal, and you usually wear them when you are not working

clean-cut: neat and trim in appearance

high heels: women's shoes with a high raised heel at the back

mirror (v.): to represent or be very similar to something else

personal style: relating to your way of dressing

practical: sensible and likely to work correctly or do something in a way that works well

preppy: preppy styles or clothes are very neat and traditional

sharp: attractive and stylish

tight-fitting: fitting closely to the body

trendy: fashionable

used to: if something used to happen, it happened in the past but it does not happen now



Focus

Watch the video. Choose the correct answer. Circle a, b, or c.

The way we _____ expresses who we are.

- a. play
- b. change
- c. dress

Comprehension

Read the statements. Then watch the video again. Choose True or False for each statement. Circle T or F.

- | | | |
|---|---|---|
| 1. What we wear sends a message to people about who we are. | T | F |
| 2. Many people prefer comfortable clothes. | T | F |
| 3. Everyone dresses the same. | T | F |
| 4. People don't change their personal style. | T | F |
| 5. It's important to feel comfortable in the clothes we wear. | T | F |

Speaking

What is your personal style? Do you think people in your country feel the same way about personal style as the people in the video?

Writing

Write about your personal style and how it has or hasn't changed over the years.

