

NORTH STAR 3e Level 2

Name _____

Video Activity Worksheet

Unit 9: Health Problems and Treatments

Chinese Medicine

Comprehension

Predict

This video is about ancient Chinese remedies. Before you watch the video, answer the question.

Do you know any examples of Chinese remedies?

Focus

Watch the video. Answer the following question.

What is the difference between the medicine shop in Singapore and a Western pharmacy?

Comprehension A

Check (✓) the topics that are discussed in the video.

___ herbal remedies ___ drugs ___ reflexology

___ exercise ___ acupuncture

Comprehension B

Find the error in each sentence. Then write the correct sentence.

1. Doctors study a short time to learn how to make each remedy.

2. Most herbal remedies are put in hot milk

3. Massaging specific places can make your head and hands feel better

4. Reflexology is the oldest form of Chinese medicine.

5. Chinese remedies are made from special drugs.

Speaking

Choose one of the topics. Record and submit a one-to-two-minute response.

- Have you or anyone you know ever tried a Chinese remedy? Did it help?
- What kind of treatment do you use when you have a headache, a stomachache, a cold, aches and pains, etc.?

Writing

In your experience, what is the best way to take care of your health? What should you do to stay healthy? What should you do when you get sick or tired?

