

NORTH STAR 3e Level 3

Name _____

Video Activity Worksheet

Unit 3: Extreme Sports

Danny Parks, BMX Pro

Comprehension

Predict

This video is about Danny Parks, a professional bicycle motocross (BMX) competitor. Before you watch the video, answer the following question.

Why do you think Danny Parks enjoys the extreme sport of BMX? Check (✓) your ideas.

- He enjoys the feeling of freedom.
- He wants to forget about his problems.
- He loves the danger.
- He wants to make a lot of money.

Focus

Watch the video. Answer the following question.

How long has Danny been a professional BMX biker?

Comprehension A

Choose True or False. Circle T or F.

- | | | |
|--|---|---|
| 1. Danny started doing bicycle tricks when he was a child. | T | F |
| 2. Danny loves the feeling of freedom. | T | F |
| 3. Danny doesn't think BMX is dangerous. | T | F |
| 4. Danny earns a lot of money as a BMX pro. | T | F |
| 5. Danny wants to help younger kids get involved in the sport. | T | F |

Comprehension B

Check (✓) the statements Danny says.

- "I can go as fast as I want and I can go as high as I want."
- "I love surprising the audience."
- "I can do it anywhere."
- "I don't like people telling me what to do."
- "You can't get that in everyday life."

Speaking

Choose one of the topics. Record and submit a one-to two-minute response.

- Does BMX biking appeal to you? Why or why not?
- Are you a thrill seeker like Danny Parks? If not, how are you different from Danny Parks?
- Do you (or anyone you know) enjoy doing any extreme sports? If so, what sport is it, and why do you (or they) like it?

Writing

Danny Parks wants to get younger kids involved in BMX biking, but the sport can be dangerous. Write a paragraph about the good points and bad points of getting young kids involved in extreme sports?

