

**NorthStar 3e Level 5**  
**Video Activity Answer Key**

**Unit 1: Addiction**  
**Smoking**

**Predict**

*Answers will vary. Possible answers:*

People smoke because it relaxes them and help them relieve stress. They smoke because cigarettes cause a habit that is hard to quit.

Teenagers are the largest group that takes up smoking every day. Teenagers are also easily influenced and impressionable and are an easy target for tobacco companies. Therefore, anti-smoking campaigns are targeted at teenagers in particular.

**Focus**

Increased heart rate and blood pressure; interference with blood and air flow; smoker's breath

**Comprehension**

**A.**

How many deaths are caused by tobacco use.

Which fatal illnesses are smoking related.

Why people start smoking.

**B.**

1. Smoking-related deaths are called unnecessary deaths because they are preventable.

2. College students are more aware of the dangers of smoking and many of them have seen effects of smoking on family members.

3. Twenty-five percent of adults continue to smoke. 3,000 teenagers start smoking every day.

**Unit 2: Lying**  
**Why Do Kids Lie?**

**Predict**

*Answers will vary. Possible answers:*

Yes, I think that children lie naturally because they want to avoid getting into trouble.

No, I don't think children lie naturally. I think they learn it from adults.

**Focus**

The average four-year-old lies once every two hours.

The average six-year-old lies once every hour and a half.

**Comprehension**

**A.**

1. F; 2. F; 3. T; 4. T

**B.**

*Answers will vary. Possible answers:*

When children are younger, they lie to avoid punishment. As they get older, they lie to adapt socially, get along with their peers, or their parents.

Parents shouldn't punish children for lying, but should reward them for telling the truth.

Parents should also clearly set rules about school, problem behaviors, etc. They should also try to curb lying by age seven.

**Unit 3: Personality**  
***The Dale Carnegie Training Institute***

**Predict**

*Answers will vary.*

**Focus**

*How to Win Friends and Influence People*

**Comprehension**

**A.**

Self-confidence is the key to leading a successful life.

Everyone has some confidence to start with.

Knowing how to chat casually with people is important.

It is human nature to struggle with issues of shyness and confidence.

**B.**

1. Piera was shy to tell people she managed what she expected from them.

2. She learned that there are many ways to tell people what you expect from them in a constructive approach, which, in turn, makes them respond in a positive way.

3. Dr. Taylor teaches his students self-confidence and how to find it within themselves.

**Unit 4: Trends**

***The IM Code***

*Answers will vary. Possible answers:*

Instant messaging and text messaging have helped communication because they make it easier to stay in touch, especially with people who do not live near you.

Instant messaging and text messaging have hurt communication because they make it easier to avoid seeing people in person. Also, it is easier to be dishonest when you are writing.

**Focus**

36 billion

**Comprehension**

**A.**

1. c. Adults use different symbols and abbreviations than teens use.

2. b. They are ruining the English language.

**B.**

*Answers will vary. Possible answers:*

1. Once, communication was a long, slow process. People had to think carefully about their words. Technology has quickened the pace, and shortened the sentences. Today, people write in very quick bursts.

2. When she reads something written in all lower case letters, she thinks it looks like something written by a five-year-old. Something written in all capital letters means that the writer is shouting.

## **Unit 5: Cross-Cultural Insights**

### ***Japanese Gardens***

#### **Predict**

*Answers will vary. Possible answers:*

Japanese garden: symmetry, bridges, ponds, lanterns, a lot of trees, sand, ascetic design

Western garden: can be both symmetrical and asymmetrical; lots of flowers, fruits and vegetables

#### **Focus**

Lanterns used to be the source of light. Now they are used for decoration.

#### **Comprehension**

##### **A.**

Japanese gardens must have a pond.

The elements of Japanese gardens are consciously positioned.

A spectator should know the symbolism of elements in order to appreciate the garden.

##### **B.**

evergreen tree: eternity; pond: the sea, lake, or river; carp: longevity and good fortune;

waterfall: the life cycle; rocks: mountains or islands; raked sand: the movement of water

## **Unit 6: Religion**

### ***The Trappists of Mepkin Abbey***

#### **Predict**

*Answers will vary. Possible answers:*

Monastic life is simple, ascetic, and contemplative, following strict rules and schedules.

A person chooses to become a monk when he feels called to live religious life.

#### **Focus**

17

#### **Comprehension**

##### **A.**

The history of Christian monasteries

The daily life of a Trappist monk

The reaction of some monks' parents

##### **B.**

1. The mother didn't know what it meant to be a monk.

2. The father thought they would never see their son.

3. The father saw it as his son's rejection of him.

4. The mother belonged to a different Christian community.

5. The father wanted his son to join the family business.

## **Unit 7: Business They'll Be Watching You**

### **Predict**

*Answers will vary. Possible answers:*

cameras, microphones, recording devices, devices that monitor computer activity

### **Focus**

An employee has virtually no rights to privacy because the company owns the facility and the equipment.

### **Comprehension**

#### **A.**

1. T; 2. F; 3. T; 4. T

#### **B.**

1. He supports it. He thinks every company has a right to protect its privacy, secrets, and reputation.

2. He doesn't support it. He thinks that by catching one guilty person the privacy of other innocent people is invaded. He thinks people should behave as if they were watched all the time.

## **Unit 8: The Military UNICEF**

### **Predict**

*Answers will vary. Possible answers:*

UNICEF brings food and medicines to the areas affected by poverty, food crisis and war.

### **Focus**

Agriculture

### **Comprehension**

#### **A.**

Drought and flooding cause destroyed crops which causes food shortage which causes starvation.

#### **B.**

*Answers will vary. Answers will include:*

Lofela Getinala:

She has four children.

One of her children is seriously malnourished.

Her husband died seven months ago.

Flood destroyed her crops.

She has no source of income.

She received food for her children at the UNICEF center.

UNICEF:

It established nutrition rehabilitation centers in areas where there's food shortage.

It brings food to areas where there is food shortage.

It has 89 support centers in Malawi.

The United Nations established UNICEF in 1946 to protect the rights of children.

UNICEF offers medical and nutritional support.

It has centers in 58 countries and employs about 7,000 people.

**Unit 9: The Arts**  
**Interlochen Arts Academy**

**Predict**

*Answers will vary. Possible answers:*

writing, dance, acting, painting, music, singing, sculpture

**Focus**

Students become actors, professional musicians, dancers; some of them choose other professional careers.

**Comprehension**

**A.**

Interlochen is a boarding school.

Interlochen is a high school.

Studying voice and theater might help you if you want to become a lawyer.

Interlochen helps students develop self-reliance.

**B.**

1. Interlochen is located in Michigan.

2. The schedule includes classes from 9am until 5pm, with a lunch period in between classes. The students have about 2 hours of free time in the evening when they can spend time with friends.

3. focused, committed, self-motivated, responsible

**Unit 10: Poverty**

***Trucking a New Harvest to Malawi***

**Predict**

*Answers will vary. Possible answers:*

Malawi is in Africa. Farmers' lives are difficult there because it is a poor country.

**Focus**

65%

**Comprehension**

**A.**

1. c. They are expected to live a very long life.

2. a. They work as a group to negotiate contracts with mills.

**B.**

*Answers will vary. Possible answers:*

1. The road was soaked with mud, so the truck had trouble getting through.

2. He is impatient because even when there is some progress, such as the mills working more efficiently, other factors – such as bad roads – will slow down this progress.

3. If you are satisfied, that means it is okay if some people die or still live in terrible poverty.