



### Unit 16 Food for thought

#### Practice

**1 PAIRS. Practice the conversation. Then switch roles.**

**A:** You're eating a chocolate bar for a snack?

**B:** Yeah. Doctors say chocolate is good for your health.

**A:** (1) A little bit, yes, but not that much! Anyway, I'll have (2) an apple instead.

**B:** I hate to tell you this, but dentists say eating (3) too many apples is bad for your teeth.

**A:** Really? Maybe I'll just have some potato chips. I heard that potatoes (4) have a lot of vitamins.

**B:** Not when they're fried in fat. Anyway, potato chips (5) are very salty.

**A:** But salt is good for you, isn't it?

**B:** I guess (6) a few chips are OK.

**B:** My problem is that I can't eat just a few!

#### Substitute

**2 PAIRS. Use the substitutions in the box to create a new conversation. Practice the conversation. Then switch roles.**

*For example,*

**A:** You're eating a chocolate bar for a snack?

**B:** Yeah. Doctors say chocolate is good for your health.

**A:** Dark chocolate, yes, but not milk chocolate. Anyway, I'll have an orange instead.

Student A	Student B
(1) Dark chocolate, yes, but not milk chocolate.	(3) a lot of oranges is bad for your stomach
(2) an orange	(5) have a lot of salt
(4) are nutritious	(6) a handful of chips is

#### Personalize

**3 PAIRS. Role-play the conversation. Use your own words for the underlined parts. Then switch roles.**