



Unit 17 Willpower

Practice

1 PAIRS. Practice the conversation. Then switch roles.

A: You know, we should (1) give up sweets. It's time we quit eating (2) candy and cookies.

B: Yeah, I guess we do need to (3) cut down on desserts. (4) Let's just throw them away.

A: OK, it's a deal!

B: We should also plan to (5) get in shape.

A: Well, we've already talked about that. We agreed to take up (6) jogging, remember?

B: Oh, yeah.

A: In fact, (7) we've talked about doing all these things before, haven't we?

B: You're right! (8) And we never do them!

Substitute

2 PAIRS. Use the substitutions in the box to create a new conversation. Practice the conversation. Then switch roles.

For example,

A: You know, we should cut back on carbohydrates. It's time we quit eating bread and pasta.

B: Yeah, I guess we do need to give them up right away. Let's just go on a diet.

Student A	Student B
(1) cut back on carbohydrates	(3) give them up right away
(2) bread and pasta	(4) go on a diet
(6) aerobics	(5) start exercising
(7) we decided to cut back on carbohydrates a couple of months ago, didn't we	(8) I forgot!

Personalize

3 PAIRS. Role-play the conversation. Use your own words for the underlined parts. Then switch roles.