

# NEW CUTTING EDGE

## ELEMENTARY

### Module 6 Eating and drinking

#### Student A

- 1 You are going to find out information about food in McDonald's. Type in: <http://www.mcdonalds.com/usa/eat.html>. On the page you will see a list on the left. Click on **Bag a McMeal**. When this screen opens you will see: **1 Select a Menu category**. Select a type of food: Sandwiches, French fries, Salads etc. Then select a menu item from **2 Select a Menu Item**. To put the item in the bag, drag the picture of the item into the McDonald's bag. If there is no picture of the item, click on **Add Item**. When the item is added it will show in the table **Menu Items in Your Bag**.
- 2 From the menu choose **six** items to put in the bag. When you have put the six items in the bag, click on **4 Get the Nutrition Facts**. Here you can see the nutritional information about the items you have in the bag. Using this information, complete the table.
- 3 Your partner has information about another fast food restaurant. Compare your meals.
- 4 Discuss. Who chose the healthiest menu?

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#### Student B

- 1 You are going to find out information about food in Kentucky Fried Chicken. Type in: <http://www.kfc.com>. When the page opens put the cursor on **Nutrition** at the top of the page. When **Nutrition Calculator** appears, click on it. When this screen opens you will see: **1. SELECT AN ITEM**. Here you can select different types of food: Salads, Sandwiches, Chicken etc. You can customize some of the items by going to number **2. CUSTOMIZE THIS ITEM**. After customization, you can add the item to your tray by clicking on **3. ADD TO TRAY**.
- 2 From the menu choose **six** items to put on your tray. When you have put the six items on the tray, go to **4. CALCULATE YOUR MEAL** and click on **Calculate**. Here you can see the nutritional information about the items on your tray. Using this information, complete the table.
- 3 Your partner has information about another fast food restaurant. Compare your meals.
- 4 Discuss. Who chose the healthiest menu?

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My Menu Items ↓	Calories	Total fat (g)	Cholesterol (mg)	Dietary fibre (g)	Protein (g)

### TEACHER'S NOTES:

#### Module 6 Eating and drinking

**Aim:** For students to use the Internet to find out information about different fast food restaurants. To revise food vocabulary and numbers and *How much/How many*. This worksheet can be done after completion of Module 6 and follows on well after doing the Real Life section on page 58.

**Time:** 45 minutes

**Materials:** Photocopies of the corresponding worksheets for each student, A and B and a copy of the table for each student.

1. Organise students into two groups, A and B. Tell students that they are going to look at a webpage for a fast food restaurant. Give the students in each group a copy of the instructions for using the page, either A or B and a copy of the table each. Check that students open their webpages correctly.
2. Monitor closely while students complete the information in their part of the table.
3. When students have finished completing the information in the table, ask the class whether the headings in the table (Calories, Total fat, Cholesterol, Dietary fibre and Protein) are countable or uncountable. Then organise the students into pairs of A and B. Students can ask their partners what menu items they have chosen and they can check the amount of calories, fat etc. in the meals. While doing so they should be able to use *How much/How many*: "How much fat is there in...?" "How many calories are there in..."
4. When the students have finished comparing the two menus, they can decide which of the two restaurants is a healthier place to eat.