

NEW CUTTING EDGE

PRE-INTERMEDIATE

Module 10 Take care!

- 1 Can you remember any of the health tips from the Health quiz in Module 10? Compare what you can remember with your partner.
- 2 You are going to find out some more First Aid tips. Type in:
<http://www.toronto.ca/ems/index.htm>. Click on **First Aid Tips** from the list on the left.
- 3 When the **First Aid** page appears, you can answer the questions below by choosing a topic from the list on the left of the page.
 - a You should call an **ambulance** when...
 - ...you are experiencing pain or tightness in the _____.
 - ...you have severe _____.
 - ...a baby under six months has a fever over _____ °C or _____ °F.
 - b Write three things you should remember to do when calling an **ambulance**:
 - 1 _____
 - 2 _____
 - 3 _____
 - c What should you remember when helping someone who is **bleeding**?
RED: R _____ p _____
E _____ w _____ l _____
D _____ p _____ on w _____
 - d Is this information about treating **burns** true (T) or false (F)? Correct the information which is not true.
 - DO NOT remove any material stuck to the skin.
 - Apply dirty water to the burn.
 - Put medication on the burn before talking to the doctor.
 - Use cream or butter on the burn.
 - e Write four ways you can prevent a **heart attack**.
 - 1 _____
 - 2 _____
 - 3 _____
 - 4 _____

TEACHER'S NOTES:

Module 10 Take care!

Aim: For students to find First Aid tips in English on the Internet.

Time: Approximately 45 minutes.

Materials: Photocopies of the corresponding worksheet for each student.

- 1 Students discuss with their partners if they can remember any of the health tips from the Health quiz in Module 10.
- 2 Check that students have found the correct page and have opened the **First Aid Tips** from the list on the left.
- 3 Students select areas from the list on the left of the page to find the answers to the questions.
 - a You should call an **ambulance** when...
 - ...you are experiencing pain or tightness in the **chest**.
 - ...you have severe **pain**.
 - ...a baby under six months has a fever over **38.5°C** or **101°F**.
 - b Things you should remember to do when calling an **ambulance**:
 - The ambulance can't help you if they can't find you.**
 - STAY CALM - give clear information.**
 - Clear a path to the patient – move furniture, unlock doors.**
 - If possible have someone meet the ambulance.**
 - Be sure your house number is clearly visible from the street.**
 - If you live in a house - turn on the outside lights at night.**
 - If you live in an apartment – try to meet the ambulance at the lobby door and have the elevator ready.**
 - c What you should remember when helping someone who is **bleeding**:
 - RED: Rest patient Elevate wounded limb Direct pressure on wound**
 - d Answers:
 - DO NOT remove any material stuck to the skin. **T**
 - Apply dirty water to the burn. **F: Apply clean water**
 - Put medication on the burn before talking to the doctor. **F: Never do this before talking to the doctor**
 - Use cream or butter on the burn. **F: DO NOT use creams, lotions, butter etc.**
 - e Ways you can prevent a **heart attack**:
 - Quit smoking, exercise regularly, eat properly, reduce stress, have your blood pressure checked regularly**