How often do you?

1  Complete the story using the correct tense of one of the verbs in the box. One verb is used twice.

fall  be  meet  finish  help  eat  go  open  work  leave  have  get up

Gina usually ________(1) around 7.30 am during the week. She ________(2) a small breakfast before her shower. She ________(3) the house around 8:15am to get to work for 8.45am. She ________(4) in a clothes shop, which ________(5) at 9am. The morning ________(6) always busy, so at lunchtime, she ________(7) for a walk in the local park, and ________(8) her lunch outside if the weather is good. After lunch, she ________(9) her manager restock the clothes. At 5pm, she ________(10) work, and then ________(11) to the gym for a workout. After that, she sometimes ________(12) friends or goes home. After a very busy day, she usually ________(13) asleep reading her book!

2  Ask your partner how often they do the following activities. Make sure they use one of the adverbs of frequency below.

sometimes  usually  hardly ever  never  always  often

1  check your emails  5  have a snack between meals
2  go clubbing  6  go to art galleries
3  have a lie-in  7  lie on the beach on holiday
4  have a picnic  8  listen to the radio
How often do you?

**TEACHER’S NOTES:**

**Aim:** to consolidate the use of the Present Simple and adverbs of frequency. This worksheet is designed to be used in conjunction with either unit 1.1 or unit 1.2.

**Time:** 40 minutes maximum

**Materials:** photocopies of the worksheet for each student.

1. Ask students to complete the story. Check answers with the class.

   **Answers:** 1 gets up  2 has  3 leaves  4 works  5 opens  6 is  7 goes  
   8 eats  9 helps  10 finishes  11 goes  12 meets  13 falls

2. Ask students to work in pairs to talk about their routines/activities. Monitor to check that students are using a variety of the adverbs of frequency and correct errors. Get feedback from various students.