Matters of the mind

1 Complete the clues below then fill in the crossword.

Across:
1 She has a ________ fear of failure.
3 To give up something you absolutely love demands a lot of ________ even if you know it's not good for you, e.g. smoking
6 I woke up with an awful feeling of ________ that something bad was about to happen.
8 Do you ever use your ________ sense to detect something unusual?
9 A lot of people believe it is good to follow your ________.

Down:
2 Unfortunately car accidents often leave people ________.
4 Are you good at using your powers of ________ to get people to do things?
5 When you are nervous about doing something it can be a case of ________ over matter.
7 As soon as the event happened she knew she’d seen it before?

2 In pairs discuss questions 1-5.

1 How important do you think intuition is when you first meet someone?
2 Make a list of five things which would demand incredible willpower to give up.
3 How do you react to someone who has very good powers of persuasion?
4 ‘I tried to overcome my fear of spiders with a mind over matter approach, but I still looked at the little black insect in the corner of the room and was terrified!’ How do you think we can use mind over matter in situations where we have a phobia about something?
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**TEACHER’S NOTES:**

**Aim:** to practise and consolidate key vocabulary; the power of the mind. This warmer is designed to be used in conjunction with unit 10.

**Time:** 40 minutes

**Materials:** photocopies of the worksheet for each student

1. This quiz is based on the key vocabulary from the Students’ Book unit 10, page 131. Explain to students that all the words in the crossword are connected with the power of the mind, and vocabulary that they have recently been introduced to. Students read the clues. Check to see if there are any questions. Students then work on each clue filling in the crossword. When students finish, get them to compare their answers and spellings in pairs. Elicit answers from the class.

**Answers:**

1 (Across) subconscious 2 (Down) unconscious
3 (Across) willpower 4 (Down) persuasion 5 (Down) mind 6 (Across) premonition 7 (Down) Déjà vu 8 (Across) sixth 9 (Across) intuition

2. Students discuss the questions with each other to get further practice of using the new vocabulary and phrases from unit 10’s lead-in. Monitor as they work to check if they need any extra help with language. Students compare their answers with the pair next to them at the end of the activity. Get feedback from the class.