Verbs of movement

Look at the verbs of movement in your dictionary: why not try the Longman Active Study Dictionary?

A  Look at the words in the box. Copy the words in the correct lists.

<table>
<thead>
<tr>
<th>pick up</th>
<th>put down</th>
<th>lift</th>
<th>carry</th>
<th>hold</th>
<th>stretch</th>
<th>bend</th>
<th>squat</th>
</tr>
</thead>
<tbody>
<tr>
<td>kneel</td>
<td>hop</td>
<td>skip</td>
<td>jump</td>
<td>lean</td>
<td>crouch</td>
<td>drag</td>
<td>push</td>
</tr>
<tr>
<td>pull</td>
<td>drop</td>
<td>climb</td>
<td>fall</td>
<td>jog</td>
<td>walk</td>
<td>march</td>
<td>sit</td>
</tr>
<tr>
<td>crawl</td>
<td>tiptoe</td>
<td>run</td>
<td>throw</td>
<td>kick</td>
<td>hit</td>
<td>punch</td>
<td>catch</td>
</tr>
</tbody>
</table>

Movements with hands and arms

catch

* * * h

hi*

*hr*w

* * p

* * k up

*pu* d*wn

ca**y

h*ld

lif*

Movements with the legs and feet

squa*

**eel

h*p

sk* *

j**p

j* g

w**k

mar**

*ip* e
B Now use verbs from the box in these sentences.

1. I'll _______ the ball and you _______ it. (thr** | ca***)
2. I want to _______ like a soldier. (ma***)
3. _______ your glass and drink the milk. (pi** **)
4. This cupboard is very heavy. You _______ and I'll _______. (p**h | p**l)
5. You can _______ the baby. Don't _______ him! (h**d | dr**)  
6. _______ up and make yourself very tall. (s**e**)  
7. _______ up the tree and get the apples. Be careful! Don't _______! (****b | **ll)
8. Don't _______ in the school corridors. _______! (**n | ***k)
9. I can't _______ my bag. It's so heavy. I can't even _______ it. (c***y | l**t )
10. My baby brother can't _______ but he can _______ very fast! (w*I* | c***l)