

Total English

Elementary

Meet the Greens

1 a Read the passage below:

The Green family live in the country in England. They are a very healthy family, and every Thursday they go shopping at the local market. They buy 20 apples (1) and 20 oranges (2) for the children's school packed lunches. Usually they also buy lots of lovely bread (3) for everyone's sandwiches at lunchtime. If the fish van is there, they buy 2kg of fresh white fish (4) to make a delicious fish pie. They don't eat much red meat, but they love chicken. They always buy 500g of chicken (5) for Sunday lunch.

There is a fantastic stall for cereal, breakfast food and snacks. They always buy one large packet of cereal (6), 5 cartons of orange juice (7) and 2 packets of tea (8). Everyone likes omelettes, so they buy 12 eggs (9). The children eat biscuits after school, so Mrs Green gets 3 packets of biscuits (10). Last of all, they buy their favourite fruits: 2 pineapples (11) and 12 bananas (12).

b For each underlined item (1–12), write a question using *How much* or *how many*? E.g. *How many apples do they buy?*

2 The Green family are very healthy, and all their friends love eating dinner at their house. They have some friends who eat unhealthy food and want some advice on a healthy breakfast, lunch and dinner. Fill in the table below with some healthy food suggestions:

<u>Breakfast</u>	<u>Lunch</u>	<u>Dinner</u>

3 Work in pairs. One of you is a Mrs Green and the other is the friend. Mrs Green gives the friend advice on what to eat using the table above and the friend asks questions about how much to eat of various foods. Mrs Green

Total English

Elementary

also gives some advice about how sport can help keep you healthy.

TEACHER'S NOTES:

Meet the Greens!

Aim: to consolidate How much/How many without any prompts, and to write and talk about healthy eating/diet. This worksheet is designed to be used in conjunction with unit 4.1 and/or unit 4.2.

Time: 40 minutes

Materials: photocopies of the worksheet for each student.

- 1 Check students remember the concept of countable and uncountable nouns and if necessary give an example of a related question. E.g. *a can of coke* would be *How many cans do they buy?* Students can work in pairs.

Answers: 1 How many apples do they buy? 2 How many oranges do they buy? 3 How much bread do they buy? 4 How much fish do they buy? 5 How much chicken do they buy? 6 How much cereal do they buy? 7 How much orange juice do they buy? 8 How much tea do they buy? 9 How many eggs do they buy? 10 How many biscuits do they buy? 11 How many pineapples do they buy? 12 How many bananas do they buy?

- 2 This is an extension of the unit 4.2 in the Students' Book which talks about diet and lifestyle. Students devise a healthy eating plan using all the new food vocabulary from unit 4.
- 3 Students work in pairs in a roleplay activity to act out advice giving on diet and lifestyle, using the information produced in Ex. 2. If necessary, refer them to the Students' Book, page 39 during the planning stage.

